

Counselling opportunities at Freie Universität

- Subject-specific questions on study organisation, etc.: <u>Subject-related Study Guidance/Offices of Academic Affairs and Study Advisory/Examination offices</u>
- Change of subject, change of university, doubts about studies, study problems
- Learning problems, crises, motivation problems
- Impairments, chronic illnesses, compensation for disadvantages in examinations, hardship applications
- Studying with a child, balancing career, studies and family, and caring for family members
- AStA counselling services (e.g. BAFöG, legal advice, queer-feminist peer counselling website in German)

Counselling opportunities in Berlin

Studierendenwerk Berlin:

- Writing blockades
- Crises and problems
- Financing and BAFöG
- Housing

Nightline Berlin / Berliner Krisendienst (crisis service):

- Anonymous and free listening phone from Berlin students for students: Nightline Berlin (website in German)
- For emergencies in the evening or at the weekend: Berlin Crisis
 Service

<u>Current workshops for students</u> of the Center for Academic Advising and Psychological Counseling in the summer semester (e.g. on procrastination, exam preparation, writing, study doubts, Lost in Digitalisation – website in German)