





December 2024

Dear Subscribers,

For our December issue, we are happy to share upcoming workshops and events as well as information and advising services intended to support you throughout your studies.

The Newsletter is available via our mailing list and on our website in <u>English</u> and <u>German</u>.

All the best, International Student Support Team

Freie Universität Berlin Zentraleinrichtung Studienberatung und Psychologische Beratung Iltisstr. 4 14195 Berlin

Website: <u>https://www.fu-berlin.de/en/sites/studienberatung/international/index.html</u> E-Mail: <u>international@studienberatung.fu-berlin.de</u>

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NEWSLETTER

# Tip of the Month

### Peer Mentoring Program for International Students in 2025

Registration for our Peer Mentoring Program for International Students in 2025 is open! For more information, please visit our <u>website</u> and online registration is available <u>here</u>.



### Upcoming event in December: ConnectCoffee

Looking for helpful tips, advice, or simply the opportunity to connect with other students? Join us for <u>ConnectCoffee</u>, an event where you can enjoy coffee and snacks while chatting with advisors, peer mentors, and fellow students. All students at FU Berlin are welcome to join!

- Date and Time: December 17, 2024, 14.00-16.00
- Location: Room L115 in the Seminarzentrum (across from Mensa II), Otto-von-Simson-Straße 26, 14195 Berlin
- **Registration**: Please register for this event <u>here</u>.

### Libraries at FU Berlin: Hours during the Winter Break

For library hours during the Winter Break, here is a helpful <u>overview for all the</u> <u>FU libraries</u>.

### A special thanks to our Peer Mentors!

We thank all our Peer Mentors for their dedication to supporting students here at FU Berlin! Thank you for your engagement and great approach to collaboration, which has made the start of our new Peer Mentoring Program such a success!



## **EVENTS & WORKSHOPS**

### Center for Academic Advising and Psychological Counseling

In addition to <u>academic advising</u> and <u>psychological counseling</u>, the Center for Academic Advising and Psychological Counseling regularly offers workshops. A complete list can be found <u>online</u>.

- <u>Die richtige Psychotherapie finden (Gruppe 2)</u> (Finding the right psychotherapy, Group 1). Starting 07.01.2025. In German.
- <u>Ab heute wird alles anders</u> (Starting today, everything with be different). 13.01.2025. In German.
- <u>Aufschieben? Aufgeschoben!</u> (Procrastinating? Not anymore!) Starts 16.01.2025. In German
- Neustart ins Studium (A fresh start to your studies). Open session. In German.

### Career Service

The <u>Career Service</u> of the FU Berlin regularly organizes events, workshops and courses that focus on professional development to support you alongside your studies. Here you will find a selection of workshops offered by and in cooperation with the Career Service:

- Career Workshop Series: <u>KarriereImpulse für Praktikum, Bewerbung und Berufseinstieg</u> (Career Impulses for Internships, Applications, and Starting a Career). Offered in both German and English, such as:
  - Gaining career clarity: Crafting your career roadmap. 17.12.2024. In English.
  - <u>Go out! Wege ins Auslandspraktikum</u> (Go out! Paths to an internship abroad). 14.01.2025. In German.

# **JOBS:** Job Postings

<u>Job postings at the FU Berlin</u>: Jobs for students are good opportunities to work alongside your studies as well as to meet new colleagues and to get involved on the FU campus.



# studierendenWERK BERLIN

The <u>studierendenWERK BERLIN</u> offers a range of services, including <u>counseling for financing your</u> <u>studies</u>, <u>psychotherapeutic counseling</u>, <u>counseling for barrier-free studies</u>, as well as <u>writing tutoring</u>. The <u>Centre for Student Refugees</u> is also located at studierendenWERK BERLIN, which provides prospective students and students with refugee backgrounds extensive information about studying in Germany as well as advise on asylum and residency, and much more. A full list of upcoming events is available <u>online</u>. Here is a brief preview:

### STW BERLIN: EVENTS & WORKSHOPS BERLIN

- <u>Centre for Student Refugees: SprachCafé: Let's speak German!</u> 19.12.2024.
- <u>CultureTrip: Dream On. Berlin, the 90s</u>. 11.01.2025. (Registration opens on 17.12.2024) In English.
- FLINTA\* Empowerment: Self-defense workshop. 16.01.2025. In English.
- <u>CultureTrip: Let's explore the cosmos at Borrowed Light!</u> 18.01.2025. (Registration opens on 17.12.2024) In English.

### ALL ABOUT JOB SEARCHING & WORKING IN GERMANY

• <u>Tax Return: Basics for Students</u>. 17.12.2024. In English.

# ANNOUNCEMENTS

### Support Services during Winter Break

### Center for Academic Advising and Psychological Counseling

Except on <u>federal holidays</u>, councelors at the Center for Academic and Psychological Counseling are available during the Winter Break (December 23, 2024-January 4, 2025). Additional information is available on our <u>website</u>.

### Additional support services in Berlin

Berliner Krisendienst / Berlin Crisis Service

The Berlin Crisis Service provides fast and professional assistance for issues including psychosocial crises and acute mental and psychiatric emergencies.

#### Sozialpsychiatrische Dienste der Bezirke / District Psychiatric Services

Psychiatric services in each Berlin district offer help, support and crisis intervention for adults or their families/social network with mental illnesses, addiction problems or mental disabilities.

#### **Telefonseelsorge**

A 24-hour hotline for psychosocial crises and suicide risk.

LARA

Rape Crisis and Counselling Centre