





October 2024

Dear Subscribers,

We wish you a great start to the semester! We are happy to welcome all new and returning students to the FU campus and are thrilled to share the first issue of our newsletter with you for the winter semester 2024/2025!

We are the International Student Support Team, which is part of the Center for Academic Advising and Psychological Counseling at FU Berlin, and we look forward to supporting you during your studies at Freie Universität Berlin.

In our monthly newsletter, we feature a **tip of the month** and share upcoming workshops and events as well as information and advising services intended to support you throughout your studies. As always, our newsletter is available via our mailing list and on our website in English and German.

Advising and support service: Everything about your studies at a glance In each issue, we highlight the advising and support services offered by the FU Berlin. If you have questions and are not sure who to contact, always feel free to contact the <a href="Info-Service">Info-Service</a>, <a href="General Academic Advising">General Academic Advising</a>, <a href="Psychological Counseling">Psychological Counseling</a>, and the <a href="support.points">support.points</a> at any time. They are there to support you throughout your studies.

We wish all the best for the winter semester and look forward to supporting you all throughout!

All the best, International Student Support Team

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International Student Support

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# TIP OF THE MONTH

#### Peer Mentoring at FU Berlin

To kick off the semester, we are happy to share more information about the mentoring programs at FU Berlin, which offer additional support and at the same time provide opportunities to get to meet other students.

#### Peer Mentoring Program for International Students

New this semester, the International Student Support Team is offering a peer mentoring program for international students, in cooperation departments across the FU Berlin. Our peer mentors, who are current international students, will offer regular meetings, during which BA and MA students are invited to share experience and knowledge as well as connect with other students. These mentoring meetings will be accompanied by information events and workshops.

• Registration: online registration form

#### Mentoring Program – For a successful start to your studies

In addition to the new peer mentoring program for international students, many departments offer mentoring programs for Bachelor students to support you through "Ankommen. Vorankommen. Weiterkommen" (arriving, advancing, progressing) during your studies. A complete list of participating departments can be found on the <u>mentoring program website</u>.

Some departments offer peer mentoring not only for first-year students, but also for BA and MA theses, e.g. in <u>Department of Biology, Chemistry, and Pharmacy</u>.

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### **EVENTS & WORKSHOPS**

# Center for Academic Advising and Psychological Counseling

In addition to <u>academic advising</u> and <u>psychological counseling</u>, the Center for Academic Advising and Psychological Counseling regularly offers workshops. A complete list can be found <u>online</u>.

- Vom Aufschieben verabschieden (Say goodbye to procrastination). Starting 30.10.2024. In German.
- Neustart ins Studium (A fresh start to your studies). Starting 14.10.2024. In German.
- <u>Leichter durchs Studium mithilfe eines studentischen Erfolgsteams</u>. (Making studies easier with the support of a student success team). An open group offered by appointment. In German and English.
  - <u>Diversity Coaching.</u> By Appointment. In German, English, and Romanian.

### **Diversity and Antidiscrimination Office**

The <u>Diversity and Antidiscrimination Office</u> organizes lectures, workshops and advising for professors, staff, and students at FU Berlin.

- <u>Treffen für neurodivergente Studierende</u> (Meeting for neurodivergent students) 24.10.2024.
  In German.
- <u>Empowerment-Workshop für von Rassismus betroffene Studierende</u> (Empowerment workshop for students affected by racism). 01.11.2024. In German and English as required.
- Empowerment-Workshops für neurodivergente Studierende (Empowerment workshops for neurodivergent students). On 07.11.2024 in <u>German</u>. On 08.11.2024. in <u>English</u>.

#### The Centre for Independent Language Learning

The <u>Centre for Independent Language Learning</u> (das Selbstlernzentrum) at the Language Center (das Sprachenzentrum) offers many opportunities to learn languages alongside courses, independently, or in <u>tandem</u> with a variety of resources.

• <u>The Tandem Program</u>: A language tandem offers two people with different first languages the opportunity to exchange and expand their language skills and get to know other students. To register, please find the online registration form <a href="here">here</a>.

# Studying abroad

Are you interested in studying abroad? Check out the <u>FU Website International</u> and learn more about opportunities to plan your studies abroad in advance!

- <u>Study Abroad</u>: (Application deadlines vary by program; the next upcoming deadline is 05.11.2024 for North America for BA students).
- Erasmus+ Student Europa & Swiss-European Mobility Programme
- <u>Direct Exchange Programs</u>
- PROMOS A mobility program for undergraduate, postgraduate, and PhD students

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#### Career Service

The <u>Career Service</u> of the FU Berlin regularly organizes events, workshops and courses that focus on professional development to support you alongside your studies. Here you will find a selection of workshops offered by and in cooperation with the Career Service:

- <u>Studium beendet; was kann und muss ich bis zum Berufseinstieg tun?</u> (Finished my studies; what can and must I do before starting my career?). 24.10.2024. In German.
- Job application in a nutshell. 05.11.2024. In English.

# **JOBS: Job Postings**

Job postings at the FU Berlin: Jobs for students are good opportunities to work alongside your studies as well as to meet new colleagues and to get involved on the FU campus.

#### studierendenWERK BERLIN

The <u>studierendenWERK BERLIN</u> not only manages the Mensas across the FU Campus, but they also offer a range of services, including <u>counseling for financing your studies</u>, <u>psychotherapeutic counseling</u>, <u>counseling for barrier-free studies</u>, as well as <u>writing tutoring</u>. The <u>Centre for Student Refugees</u> is also located at studierendenWERK BERLIN, which provides prospective students and students extensive information about studying in Germany as well as advise on asylum and residency, and much more. The studierendenWERK BERLIN also regularly offers workshops and events. A full list of upcoming events is available <u>online</u>. Here is a brief preview:

- <u>Time to Write in October: A digital co-working space for academic writing projects.</u> 01.10.-29.10.2024. In German and English.
- <u>Centre for Student Refugees: SprachCafé: Let's speak German!</u> Every second Thursday, starting 10.10.2024. In German.
- <u>Centre for Student Refugees: Best Practices: By Student for Students</u>. 23.10.2024.
  In English.
- <u>CultureTrip: Berlin City Rallye</u>. 26.10.2024. In English.
- Support group for long-term international students. Starting 28.10.2024. In German.
- Writing Groups: In order to support you in your writing project over a longer period of time, the studierendenWERK BERLIN is offering writing group formats from November/December. The application deadline for both groups is November 3rd in German and English. Further information can be found <a href="https://example.com/here/bernal/linearing-new-market-new-ma

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# Additional events on- and off-campus

#### Berlin Science Week

 01.-10.11.2024: <u>Berlin Science Week</u>: Every year Berlin Science Week transforms the city into a vibrant festival of scientific ideas, exploration and experimentation. Further information is available <u>here</u>.

# Healthy Campus Day

• 06.11.2024: The health day for all students at Freie Universität Berlin. Further information is available <a href="here">here</a>.

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